



PROJECTS AND LONG-RANGE PROGRAMME 2006-2012 NGO SĀTHSĀTHAI

NGO Sāthsāthai was established on July 14, 2004 and is based in the Netherlands. The main aim of the NGO is to boost the effective improvement of the conditions/situation of income, living and working of individual persons, families and groups in the 7 villages of the region of Timal in Nepal:

- Mechchhe
- Kuruwas Chapakhori
- Pokhari Narayanthan
- Thulo Parsel
- Bolde Pediche
- Saramthali
- Sarshukharka.

In these villages approx. 40.000 people, spread over around 5000 families, are living.

The NGO wants to reach its main aim by accomplishing a number of basic provisions for all inhabitants of Timal. These provisions will enable these people to look after themselves better: healthier, literate and with opportunities to start a small business. Together with the people the NGO aims at:

1. the realisation of light/electricity for each family by connecting the houses to the national grid (effect: stimulation of small scale economic activities and improvement of study facilities for adults and children);
2. the realisation of a toilet for each family (effect: improvement of hygiene and prevention of common diseases like diarrhoea, the main cause of child mortality);
3. the realisation of a smokeless environment for each family by introducing improved (smokeless) cooking stoves (effect: prevention of eye and respiratory problems, prevention of burns and of subsequent disabilities, saving of 30% on fire wood and mitigation of the workload of women);
4. the implementation of a coherent programme of women projects for all women of Timal (effect: development and empowerment of women, organisation of women, improvement of their social status and additional income for their families). Important items of this programme are:
 - the realisation of 116 literacy classes for adult women for the duration of two years;
 - the realisation of 60 small libraries to enable the women to maintain and improve their reading skills and to improve their knowledge;
 - the realisation of microfinance groups for women in all 63 wards and of an umbrella regional Saving and Credit Union Society (SACCOS);
 - the implementation of a comprehensive mix of various activities to stimulate women to start new income generating activities;
 - support for women who take the initiative to start a new business.

To ensure that the energy and funds, needed to achieve our goals, will be used as efficient and effective as possible, the board of Sāthsāthai has set up a long-range programme for the period 2006 - 2012. In this programme is recorded which basic provisions the NGO has realised already and/or hopes to realise in the coming years, in what period and in which village. When drafting the programme, the priorities of the inhabitants of Timal themselves have played the leading part. Another key role was obviously given to a realistic estimation of both the capacity of our counterparts in Nepal to prepare and implement the projects in a sustainable way, and the practical possibilities of the board of Sāthsāthai to raise the necessary funds in time and to monitor the implemented projects in an adequate way.

Below you will find a description of the projects that still need funding and of our long-range planning 2006 - 2012.

Doesburg, July 2010.

**PROJECT TOILETS AND IMPROVED (SMOKELESS) COOKING STOVES (ICS)
version July 2010**

Provisions to be funded and realised: approx. 500 toilets and 500 improved cooking stoves in wards of the different villages that have enough water. In wards of the villages involved with water problems, toilets and ICSes will be realised later – after the water problems have been solved. This is the last, remaining project of a series of projects to provide all approx. 5.000 families in Timal with a good toilet and an improved (smokeless) cooking stove.

Materials needed per toilet (prices beginning 2010, incl. 13% VAT):

4 bags cement Jagadamba quality, 50 kg ad NPR 700,-- , total	NPR 2.800,--
1 chinaware squat toilet + siphon, total	NPR 450,--
iron bars 12 mm. (10 kg)	NPR 1.200,--
3 tin ware roof plates	NPR 1.500,--
4 metres HDPE-pipe 4" +1 HDPE bow 90 degrees, total	<u>NPR 500,--</u>
Total costs materials per toilet	NPR 6.450,--

Cost of transportation of the materials per family/toilet	NPR 400,--
Costs of construction training for toilets and ICSes per family	<u>NPR 200,--</u>
Total costs materials/transportation/training per family	NPR 7.050,--

Total costs of materials/transportation/training: 500 x NPR 7.050,--	NPR 3.525.000,--
Costs of management/coordination/education/monitoring, travel expenses and other costs of the local counterpart in Nepal ¹ , max. 6%	<u>NPR 211.500,--</u>
Total costs in Nepal	NPR 3.736.500,--

Project costs of NGO Sāthsāthai (mainly publicity activities, fundraising and monitoring) 10%	NPR 373.650,--
Contingencies 8%	NPR 298.920,--

►► **Total costs last project toilets and improved cooking stoves (prices beginning 2010)** **NPR 4.409.070,--** **(€ 48.990,--)²**

¹ These costs are connected with activities of the members of the counterpart in Nepal, regarding information/education on the maintenance of toilets and ICSes, purchasing and attending the transportation of the materials, visits to Kathmandu for banking and communication/internet (for reports to Sāthsāthai), checking groundwork and use of materials and monitoring final results and with costs of meetings and administration of the counterpart, as far as these costs are directly related to the project. For these activities a fixed allowance is agreed of NPR 300,-- per whole working day, including costs of meals. For meetings of the ward committees and for building activities of the inhabitants themselves (approx. 22 days) no compensation is given.

² Based on the exchange rate of 01/2010: € 1,-- = NPR 90,-- (Nepali Rupees).

PROGRAMME WOMEN PROJECTS
version July 2010

Important items of the Programme for Women projects in Timal are:

- the realisation of (116) literacy classes for adult women for two years;
- the realisation of 60 small libraries to enable the women to maintain and improve their reading skills and to improve their knowledge;
- the realisation of microfinance groups for women in all 63 wards and of an umbrella regional Saving and Credit Union Society (SACCOS);
- the implementation of a comprehensive mix of various activities to stimulate women to start new income generating activities;
- support for women who take the initiative to start a new business.

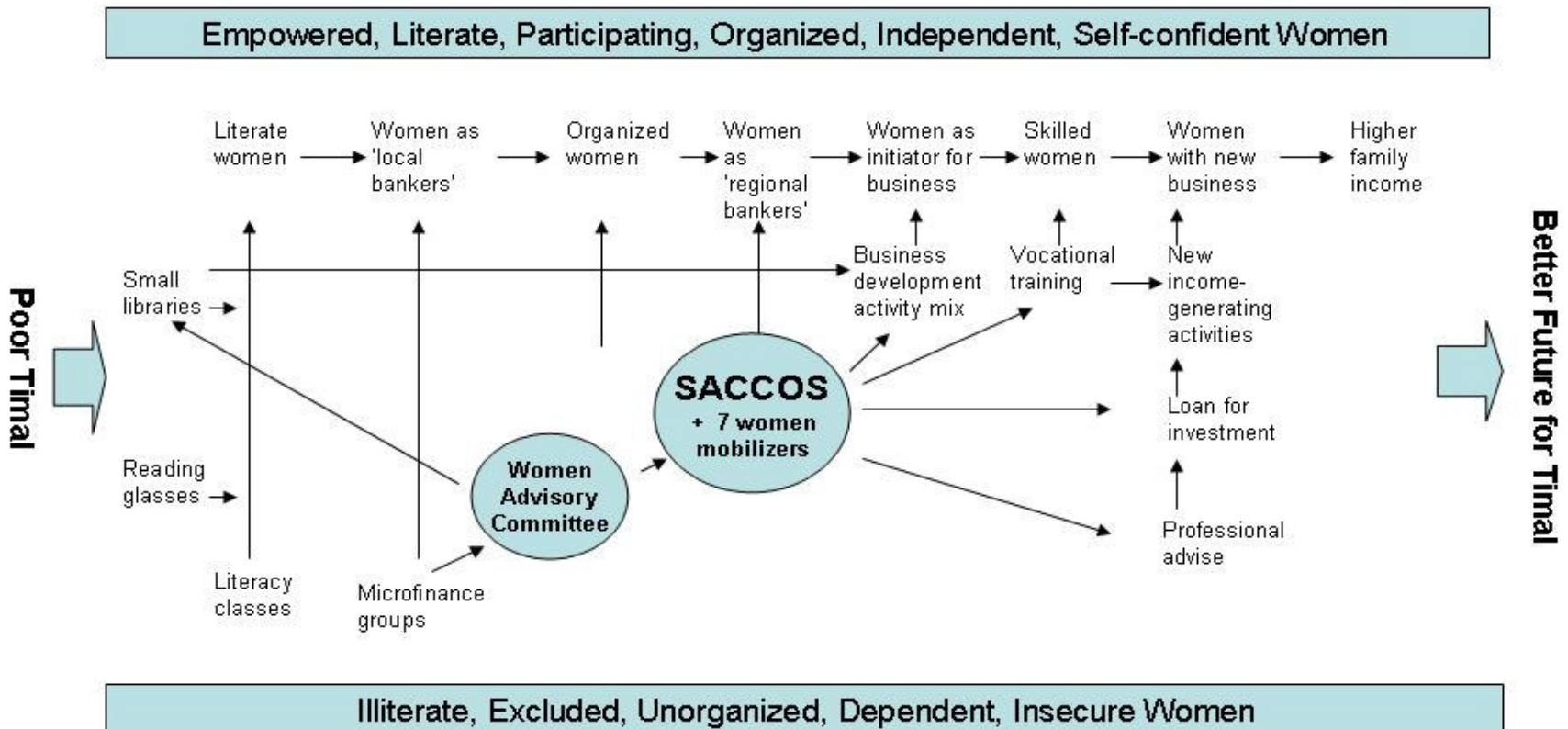
On the next page you will find a diagram of the total Programme of Women projects in Timal.

Still to be funded and realised parts of the programme are:

Education/training of the 25 members of the Women Advisory Committee (WAC) of Timal: 25 x € 200,--	€ 5.000,--
Education/training of 7 members of the WAC as women mobilizers (one per village): 7 x € 500,--	€ 3.500,--
Coaching members WAC/preparation Business Development track by an external expert during the months August-September-October 2010: 3 x € 300,--	€ 900,--
Monthly training/support of (the members of) the 63 microfinance groups for women by the 7 women mobilizers from August 2010 until July 2012: 24 x 7 x € 35,--	€ 5.880,--
Excursions for members of the WAC and the 7 women mobilizers to stimulate initiatives for new income generating activities: 4 x € 250,--	€ 1.000,--
Monthly meetings WAC in Timal (costs stationeries, transportation and consumptions) July 2010 - July 2012: 25 x € 55,--	€ 1.375,--
Road show: audiovisual material/series of DVD's + equipment to use in villages for educational purposes	PM
Vocational training (individual or per group) for women in Timal who want to start a new income generating activity: 70 x € 500,--	<u>€ 35.000,--</u>
►► Total costs still to be funded and realised parts of the Programme for Women Projects in Timal (2010-2012)	€ 52.655,--³

³ Based on the exchange rate of 01/2010: € 1,-- = NPR 90,--.

Yes, we can!



Programme/planning basic provisions region Timal, Kavre Palanchowk, Nepal, period 2006 - 2012 , version July 2010⁴

VDC	ELECTRICITY ⁵	TOILETS + IMPROVED COOKING STOVES ⁶	WOMEN PROJECTS (microfinance, literacy classes, reading glasses, libraries, empowerment, income generating activities) ⁷	VARIOUS PROJECTS
Thulo Parsel appr. 600 houses	completion expected August 2010	1st toilet/ICS-project in Thulo Parsel for 600 houses realised (2005/2006)	<ul style="list-style-type: none"> . 9 microfinance groups for women realised (March 2006) . 10 literacy classes for adult women realised (2006 - 2010) . reading glasses for long-sighted women (2009 - 2010) . 2 libraries for women realised (April 2010); 3 more libraries to be realised in April 2011 . training members Women Advisory Committee and VDC-women mobilizer (2010 - 2011) . new income generating activities for women to be realised in 2011 - 2012 	<ul style="list-style-type: none"> . lapsi orchard (2007) . garbage project (2007-2008)
Bolde Pediche appr. 500 houses	realised May 2010	2nd toilet/ICS-project in Mechchhe for 550 houses realised (2008/2009)	<ul style="list-style-type: none"> . 9 microfinance groups for women realised (March 2008) . 13 literacy classes for adult women realised (2008 - 2010) . reading glasses for long-sighted women (2009 - 2010) . 3 libraries for women realised (April 2010); 4 more libraries to be realised in April 2011 . training members Women Advisory Committee and VDC-women mobilizer (2010 - 2011) . new income generating activities for women to be realised in 2011 - 2012 	
Saramthali appr. 300 houses	realised May 2009	3rd toilet/ICS-project in Narayanthan/Chapakhori for 600 houses realised (2010)	<ul style="list-style-type: none"> . 9 microfinance groups for women realised in November 2009 . 9 literacy classes for adult women realised (2009 - 2011; still running) . reading glasses for long-sighted women (2009 - 2010) . 2 libraries for women realised (April 2010); 2 more libraries to be realised in April 2011 . training members Women Advisory Committee and VDC-women mobilizer (2010 - 2011) . new income generating activities for women to be realised in 2011 - 2012 	
Sarshukharka appr. 1000 houses	realised May 2009	4th toilet/ICS-project in Timal for 1200 houses in Narayanthan, Bolde Pediche and Mechchhe, started April 2010 and running until April 2011	<ul style="list-style-type: none"> . 9 microfinance groups for women realised (December 2009) . 21 literacy classes for adult women realised (2009 - 2011; still running) . reading glasses for long-sighted women (2009 - 2010) . 6 libraries for women realised (April 2010); 6 more libraries to be realised in April 2011 . training members Women Advisory Committee and VDC-women mobilizer (2010 - 2011) . new income generating activities for women to be realised in 2011 - 2012 	
Pokhari Narayanthan appr. 700 houses	completion expected August 2010	5th toilet/ICS-project in Timal for 1200 houses, starting December 2010 and running until April 2012	<ul style="list-style-type: none"> . 9 microfinance groups for women realised (December 2009) . 15 literacy classes for adult women realised (2008 - 2010) . reading glasses for long-sighted women (2009 - 2010) . 4 libraries for women realised (April 2010); 4 more libraries to be realised in April 2011 . training members Women Advisory Committee and VDC-women mobilizer (2010 - 2011) . new income generating activities for women to be realised in 2011 - 2012 	
Kuruwas Chapakhori appr. 600 houses	completion expected August 2010	PM last toilet/ICS-project in Timal for remaining (500) houses to be realised in 2012	<ul style="list-style-type: none"> . 9 microfinance groups for women realised (March 2008) . 14 literacy classes for adult women realised (2007 - 2010) . reading glasses for long-sighted women (2009 - 2010) . 4 libraries for women realised (April 2010); 4 more libraries to be realised in April 2011 . training members Women Advisory Committee and VDC-women mobilizer (2010 - 2011) . new income generating activities for women to be realised in 2011 - 2012 	<ul style="list-style-type: none"> . water harvesting project in wards 3 + 5, 6 and 7 to be realised in 2010 - 2011
Mechchhe appr. 1250 houses	completion expected August 2010		<ul style="list-style-type: none"> . 9 microfinance groups for women realised (December 2009) . 34 literacy classes for adult women realised (2008 - 2011; 2 still running) . reading glasses for long-sighted women (2009 - 2010) . 9 libraries for women realised (April 2010); 7 more libraries to be realised in April 2011 . training members Women Advisory Committee and VDC-women mobilizer (2010 - 2011) . new income generating activities for women to be realised in 2011 - 2012 	<ul style="list-style-type: none"> . feasibility study water/ horticulture project (2009)

⁴The finances of all projects written in cursive letters are arranged; the yellow marked projects are realised.

⁵ Sponsors of the electricity/light project are: ICCO/Impulsis, Accenture Foundation, Stichting Alle Beetjes, Stichting SPR, Essent Retail BV, HT-Wandelreizen, Open-I, Paddington BV, Café 't Clubke and others.

⁶ Sponsors of the toilet/ICS projects are: ICCO/Impulsis, Stichting Chr. Recreatiecentra, Fred Foundation, Karuna Foundation, Stichting Alle Beetjes, Anne Frankschool Arnhem, HT-Wandelreizen, Kalliste Woningbouwontwikkelaars and others.

⁷ Sponsors of the women projects are : ICCO/Impulsis, Accenture Foundation, Dito Foundation, Eureka Achmea Foundation, Fortis Foundation, Karuna Foundation, Stichting Grenzeloos Salland, Stichting SOL, Stichting Madat Nepal, Stichting Nacht van de Foor, Terese van Attekum Stichting, PKN Oud Beijerland, Raad van Kerken Doesburg, Vereniging Athenes, Margriets Betere Wereld, Lions Clubs Bergen en Lions Club Renkum Airborne, Zonta Club Arnhem Area, Reinsdorf Brillen en Lenzen and others.

